



PRINCESS PATTTER

Your daily guide to life at sea

2014 MAIDEN SEASON

Toulon Tuesday, June 10, 2014 • Regal Princess • Tonight's dress: Smart casual

Weather: Today's Forecast: Sunny • High: 27°C/81°F • Sunrise: 5:56am/Sunset: 9:15pm

Tomorrow's Forecast: Sunny • High: 28°C/82°F

Access regal.princess.com • Free of charge on your laptop, iPad or any mobile device while onboard

The Officer's Daily Log

Meet Captain Edward Perrin



Captain Edward Perrin was born in Dorset, England, where he became fascinated with watching ships depart from local ports. After attending the College of Maritime Studies in Southampton, he earned his Master's Certification in 1994.

The following year, Captain Perrin joined Princess Cruises. His first command was aboard the former Tahitian Princess in French Polynesia.

At home, Captain Perrin sails on a much smaller boat, where he prefers handing over the reins of driving so he can take care of the catering instead!

By Captain Edward Perrin

Having sailed this region many times, I'm convinced it offers some of the most enjoyable locales you'll find anywhere. Like so many of the places Princess Cruises® visits, the Mediterranean and Aegean captivates visitors with an unforgettable combination of natural beauty, fascinating culture and colorful history.

During this amazing 10-day tour of the Mediterranean and Aegean, you'll have the opportunity to visit extraordinary UNESCO World Heritage Sites in nearly every port of call! From cathedrals and palaces to captivating museums and walled cities, each destination will reveal its treasures ashore. You'll even find romantic city skylines and breathtaking scenery to tempt your inner photographer and leave you with a sense of awe and wonder.

Enjoy your day in Toulon, your jumping off point for exploring the Provence-Alpes-Côte-d'Azur region of southeastern France. Head to the historic capital of Aix-en-Provence, founded by Romans in 123 B.C. or explore the medieval village of Bormes-les-Mimosas and its castle nearby. Throughout this region you'll find art galleries, craft studios and boutiques, and you'll have the opportunity to experience some of the best shopping in France.

After heading ashore, why not explore Regal Princess even further? I recommend heading up to the top deck and enjoying the ocean vistas from the SeaWalk®, our glass-floored promenade that extends 28 feet beyond the edge of the ship. Or grab a drink with a view at the unique SeaView Bar. No matter how many times you've sailed with Princess Cruises, you should feel fortunate to experience Regal Princess in her inaugural season—and I couldn't be prouder to introduce her to you!

As Captain of Regal Princess®, I'm honored to be your host and look forward to seeing you around the ship.

From the Navigator

Throughout Monday night, Regal Princess continued to set a North Easterly course across the Gulf of Lions, making our final approaches to Toulon in the early hours of Tuesday morning. After boarding our pilot in the Grande Rade, we transited the Grande Passe and Petite Rade before swinging the vessel to Starboard and maneuvering astern alongside our berth, Tuesday evening. Regal Princess will let go all lines, thrust off the berth and retrace our tracks out of the harbor. After disembarking our pilot in the Grande Rade, we will proceed South Easterly until we pass Cap d'Armes and then begin setting an Easterly course across the Ligurian Sea. After rounding the Northern tip of Corsica and passing Pointe d'Agnello, we will begin heading South Easterly through the Canal de Corse.

Water Shuttle Service In La Seyne (Toulon) Today

Please purchase your pass directly on the dock side (room charge only).

A Water Shuttle service will operate between the port of La Seyne (where Regal Princess will be berthed) and downtown Toulon. At the drop off/pick up point downtown you will find a Tourist Information Centre, the Provençal Market on Cours Lafayette, bars and restaurants at walking distance from the Water Shuttle pier.

The first Water Shuttle will depart shortly after 8:15am from the ship's pier and the last one from Toulon downtown will be at 2:00pm.

The transit time is approximately 15 to 20 minutes each way.

Water Shuttles depart from La Seyne and from downtown Toulon twice per hour.

The cost of a DAY PASS is USD \$20.00 per person (charged to your shipboard account).

2:30pm - All Aboard! Regal Princess sets sail shortly after.

For assistance shoreside, please contact the port agent:

Monaco Maritime
Môle d'armement, La Seyne Sur Mer, 83500 France
Phone: 33-615-103-476 / 33-615-103-451

Nearest U.S. Consulate in Toulon:
U.S. Consular Agency Nice

7 Avenue Gustave V - 06000 Nice
Tel: 04 93 86 89 55 • Fax: 04 93 87 07 36
Local law enforcement information can be obtained from the ship's agent.

WHAT WILL HELP YOU COME BACK NEW?



Refreshing Morning

- 7:00am **Sunrise Stretch Class**
Fitness Center, Deck 17 Aft
- 7:00am (Approx.) **Regal Princess is scheduled to arrive in Toulon, France**
- 7:00am **Toulon Photographs Today!** – As you disembark the ship, stop for a once in a lifetime photograph
- 8:00am-
Onwards **Reflections Video Team** – Look for your Reflections video producer filming today in and around the port and on the Princess Shore Excursions.
- 8:00am-
Onwards **Sudoku Teasers**
Pick up your daily teasers. Library, Deck 7 Aft
- 8:00am-
Onwards **Lawn Court is Open for Golf Putting, Croquet & Bocce**
Lawn Court, Deck 19 Aft
- 8:00am-
Onwards **Center Court is Open for Basketball Play**
Center Court, Deck 18 Aft
- 9:30am **Morning Trivia** – With your Cruise Staff.
Club 6, Deck 6 Fwd
- 10:00am **movies** **Concert: Bon Jovi**
Fountain Pool, Decks 16 & 17 Midship
- 10:00am **Ping Pong Tournament** – With your Cruise Staff.
Center Court, Deck 18 Aft
- 11:15am **Speed Sudoku Challenge** – With your Cruise Staff.
Club 6, Deck 6 Fwd

Relaxing Afternoon

- Noon **movies** **Concert: Coldplay**
Fountain Pool, Decks 16 & 17 Midship
- 12:30pm **Golf Putting Competition** – With your Cruise Staff.
Lawn Court, Deck 19 Aft
- 1:00pm **Lose 1-8 Inches and Learn How to Remove Cellulite & Fluid Retention**
Lotus Spa, Deck 5 Fwd
- 1:30pm **movies** **Concert: Beyonce**
Fountain Pool, Decks 16 & 17 Midship
- 2:00pm **Sports Trivia** – With your Cruise Staff.
Club 6, Deck 6 Fwd
- 2:00pm **Bullseye Shooting Tournament (18 years & older)**
Bullseye Shooting Simulator, Deck 18 Aft
- 2:00pm **Relieving Back Pain and Walking in Comfort** – Free foot analysis.
Fitness Center, Deck 17 Aft

- 2:30pm **All Aboard! Regal Princess sails for Civitavecchia, Italy shortly after**
- 2:45pm-
3:45pm **Sailaway Music with Party Band Evolution**
(Weather Permitting) Fountain Pool, Deck 16 Midship
- 3:00pm **Live Champagne Art Auction!** – Hundreds of works at up to 40% off! Featuring: Picasso, Rembrandt, Terkay, Agam, Max & many more. Free champagne, raffle prizes & work of art for attending! Vista Lounge, Deck 7 Aft
- 3:00pm **Destination Lecture: Civitavecchia and Rome**
With Destination Expert Julio Delgado. (This talk will be filmed and broadcast on your Stateroom TV). Princess Level, Deck 7 Midship
- 3:00pm **Princess Grapevine Wine Tasting** – Sample selected wines from our renowned cellars in a casual atmosphere. Nominal fee applies. Symphony Dining Room, Deck 5
- 3:00pm **Thermage Skin Tightening, Lifting & Contouring with Dr. Mailene**
Lotus Spa, Deck 5 Fwd
- 3:00pm **Casino Introduction: Blackjack and Roulette**
All attendees receive a \$5 Match Play Coupon.
Princess Casino, Deck 6 Fwd
- 3:00pm **Princess Pop Choir Sign-up & Rehearsal** – With Pop Choir Director Steph. Club 6, Deck 6 Fwd
- 3:00pm-
5:00pm **Batting Cage is Open for Free Play** – Come test your swing.
Center Court, Deck 18 Aft
- 3:30pm **An Introduction to a Life Changing Solutions with Acupuncture**
Lotus Spa, Deck 5 Fwd
- 3:30pm-
4:30pm **Afternoon Tea**
Concerto Dining Room, Deck 6 Midship
- 3:45pm **In the Piazza** **Classical Hits with Alegria String Quartet**
Deck 5 Midship
- 3:45pm-
4:45pm **Mid-Afternoon Relaxing Tunes with DJ Pedro**
(Weather Permitting) Fountain Pool, Deck 16 Midship
- 4:00pm **Gemstones Around the World Event!**
Enter to Win a Free Tanzanite Pendant.
Princess Level, Deck 7 Midship
- 4:00pm **\$60 Texas Hold'Em Poker Tournament** – Followed by a \$1/\$2 No Limit Cash Game. Sign-up at the cash desk from 3:30pm limited seats available. Princess Casino, Deck 6 Fwd
- 4:00pm **Afternoon Trivia** – With your Cruise Staff.
Club 6, Deck 6 Fwd
- 4:00pm **What's Everyone Smiling About?** – The latest in teeth whitening with amazing results. Lotus Spa, Deck 5 Fwd

Book your cruise today!

18 ships sailing to Europe,
Alaska, South Pacific, South America,
Panama Canal & more!
Low deposits & free shipboard credit
Future Cruise Center, Deck 7 Midship

Internet Café

Wi-Fi Available

Enjoy wireless Internet access right
from your laptop or ours.
See the Internet Café Manager for
details and important instructions.
Plazza - Deck 5 Midship

On Stage Tonight

Comic

Doug Funk

Award winning comedian
and improviser

Hosted by

Deputy Cruise Director Dan

6:45pm, 9:15pm & 11:00pm

Vista Lounge, Deck 7 Midship

Grapevine Wine Tasting

Sample selected wines from our
renowned cellar in a casual
atmosphere for only \$9.50

3:00pm - Symphony Dining Room, Deck 5

The Lotus Spa

GoSmile Tooth Whitening

Safe & Effective.

Up to 6 shades whiter in only 30 minutes!
Safe on caps, crowns, veneers.

Special \$149 • Couples Special \$258
Lotus Spa - Deck 5 Forward

ENJOY YOUR DAY YOUR WAY

- 4:30pm *In the Piazza* **Ballroom Dance Class: 'Merengue'**
With Victoria of the Cruise Staff.
Deck 5 Midship
- 5:00pm **Afternoon Zumba Fitness**
With Certified Zumba Instructor Armando.
Center Court, Deck 18 Aft Princess Pick
- 5:00pm **Friends of Dr. Bob & Bill W. Meeting**
Wedding Chapel, Deck 14 Aft
- 5:00pm *movies* **Concert: Tom Jones**
Fountain Pool, Decks 16 & 17 Midship
- 5:15pm *In the Piazza* **Early Evening Dancing with Orpheus Band** Deck 5 Midship
- 5:15pm **GLBT Get-Together**
Wheelhouse Bar, Deck 7 Aft
- 5:30pm **Destination Lecture: Naples, Italy** – With Destination Expert Julio Delgado. (This talk will be filmed & broadcast on your Stateroom TV). Princess Level, Deck 7 Midship
- 5:45pm-10:00pm **Family Portraits in the Platinum Studio** – Book a private photo session with no obligation to purchase! Visit the photo gallery after 2:00pm to make an appointment.
- 5:45pm-9:30pm **Make the Most of Your Memories** as our professional photographers capture your image in our elegant dining rooms.

Enchanting Evening

- 6:00pm *In the Piazza* **Classical Hits with Alegria String Quartet** Deck 5 Midship
- 6:00pm **Time Piece Event!** – Join Alex, Watch Specialist and learn about TAG, Longines, Tissot, Gucci and many more. Facets, Deck 7 Midship
- 6:00pm-9:00pm **Casual Portraits Tonight!** – Let us capture your cruise memories! Visit our studios located in the Piazza on Deck 6. No sitting fees or obligation to purchase.
- 6:30pm **Pianist Luca Ovidiu**
Wheelhouse Bar, Deck 7 Aft
- 6:30pm-8:00pm **Destination Expert Desk** – Julio Delgado is available for questions. Piazza, Deck 6 Midship
- 6:30pm **SHOWTIME:** **Production Showtime: Fiera!**
Princess Theater, Decks 6 & 7 Fwd
- 7:15pm *In the Piazza* **A Touch of Elegance with Fabulous Vocalist Pascale Guertin and Orpheus Band** Deck 5 Midship

- 7:15pm **SHOWTIME:** **Comedian Doug Funk**
Vista Lounge, Deck 7 Aft
- 7:30pm & 10:00pm *movies* **Evening Movie: Saving Mr. Banks**
Starring: Emma Thompson & Tom Hanks
(Rated: PG-13 - 2hrs 6mins)
Fountain Pool, Decks 16 & 17 Midship
- 7:30pm **Pianist Luca Ovidiu**
Wheelhouse Bar, Deck 7 Aft
- 8:00pm **Where in the World am I? Gameshow** – With your Cruise Staff. Princess Level, Deck 7 Midship
- 8:00pm **Big Band Dancing with David & The Regal Princess Showband** Vista Lounge, Deck 7 Aft Princess Pick
- 8:15pm *In the Piazza* **Talented Pianist Juan Hermida**
Deck 5 Midship
- 8:15pm **SHOWTIME:** **Production Showtime: Fiera!**
Princess Theater, Decks 6 & 7 Fwd
- 9:00pm *In the Piazza* **Latin Ballroom with Evolution**
Deck 5 Midship
- 9:00pm-10:00pm **Piano Lounge Entertainer Eric Stone**
Wheelhouse Bar, Deck 7 Aft
- 9:15pm **The Yes/No Gameshow** – Can you go 3 minutes without saying these two words?
Hosted by Deputy Cruise Director Dan.
Princess Level, Deck 7 Midship Princess Pick
- 9:15pm **SHOWTIME:** **Comedian Doug Funk**
Vista Lounge, Deck 7 Aft
- 10:00pm-11:00pm **Music & Mayhem with Piano Entertainer Tom Franek**
Crooners Lounge, Deck 7 Midship
- 10:00pm **Big Band Dancing with David & The Regal Princess Showband** Vista Lounge, Deck 7 Aft
- 10:00pm-11:00pm **Disco Fever Power Hour with DJ Pedro**
Club 6, Deck 6 Fwd
- 10:15pm **SHOWTIME:** **Production Showtime: Fiera!**
Princess Theater, Decks 6 & 7 Fwd
- 10:15pm **Cruise Cult Classic: Princess Pop Star Heat 1**
Tonight you can audition for our famous Karaoke Contest. Princess Level, Deck 7 Midship Princess Pick
- 11:00pm-Late **Late Night Dance Party with DJ Pedro**
Club 6, Deck 6 Fwd
- 11:15pm **SHOWTIME:** **Comedian Doug Funk**
Vista Lounge, Deck 7 Aft
- 11:15pm **Late Night Movie: The Grand Budapest Hotel**
Starring: Ralph Fiennes & Tony Revolori
(Rated: R - 1hr 40mins) Princess Level, Deck 7 Midship

Boutiques Onboard

2 Days Only!

Save an extra 10% off your tax and duty free purchase of \$100 or more. Available on the first 2 days of your voyage.
(Excluding designer watches.)

Sailing 11:30pm • Boutiques, Decks 5 & 7

Platinum Studio

Your life. Our art. Your legacy.

Make your appointment with our Platinum Artist today.

Photo & Video Gallery - Deck 6 Midship

PRINCESS CRUISES PRESENTS

Production Showtime: **Fiera!**

Starring:

The Regal Princess Singers & Dancers

Hosted by:

Cruise Director Ron Goodman

6:30pm, 8:15pm & 10:15pm

Princess Theater • Decks 6 & 7 Fwd

Don't miss the Wine Maker's Dinner!

Our wine-making partners have developed some unique wine and food pairing events for you in the Symphony & Concerto wine rooms.
\$40 per person cover charge

For enquiries call the Dine Line 138.



Princess Casino

Texas Hold 'Em Poker Tournament

Followed by a \$1/\$2
no limit cash game. \$60 entry fee.

Register at the Casino Cashier.
Princess Casino • Deck 6, Forward



Art Gallery (Open 24 hours) – Deck 7 Forward
 Art Director available from 8:30pm-9:30pm & by appointment
Boutiques – Decks 5 & 7 Forward/Midship
 Sailing-11:30pm
Captain's Circle Loyalty Desk – Atrium, Deck 7 Midship
 3:00pm-6:00pm
Casino – Deck 6 Midship
 Casino opens approximately 30 minutes after sailing
Future Cruise Sales - Atrium, Deck 7 Midship
 2:00pm-6:00pm
Internet Center (Open 24 hours) – Deck 5 Midship
 Internet Manager's Hours: 8:00am-10:00am, 4:00pm-6:00pm & 7:30pm-10:00pm

Lotus Spa & Beauty Salon – Deck 5 Forward
 8:00am-10:00pm
Lotus Health & Fitness – Deck 17 Midship
 7:00am-10:00pm
Medical Center – Deck 4 Midship
 8:00am-10:00am & 4:30pm-7:00pm
 For urgent medical attention, dial 911. Available 24 hours a day.
 For general enquiries, dial 4400 between 8:00am-Noon & 2:00pm-7:00pm
Photo & Video Gallery – Deck 6 Midship
 2:00pm-11:00pm
Shore Excursions Desk – Deck 5 Midship
 10:30am-Noon & 3:00pm-6:30pm

Dining Guide

- For details & reservations, use speed dialing option "DINING" between 8:00am and 5:00pm from any ship's phone.

	Location	Hours
International Cafe**	Deck 5 Plaza	24 Hours
Gelato**	Deck 5 Plaza	11:00am-11:00pm
Vines**	Deck 5 Plaza	3:00pm-11:30pm
Sabatini's**	Deck 5 Forward	5:30pm-9:30pm
Symphony (Anytime)*	Deck 5 Midship	5:30pm-9:30pm
Allegro (Traditional)	Deck 6 Aft	Early Seating 5:45pm; Late Seating 8:15pm
Concerto (Anytime)*	Deck 6 Midship	7:00am-9:00am; 5:30pm-9:30pm
Alfredo's Pizzeria**	Deck 6 Midship	11:00am-11:00pm
Ocean Terrace Seafood Bar**	Deck 7 Midship	2:00pm-11:00pm
Crown Grill**	Deck 7 Aft	5:30pm-9:30pm
Prego Pizzeria	Deck 16 Midship	11:00am-11:00pm
Swirls Ice Cream Bar	Deck 16 Midship	11:00am-11:00pm
Trident Grill Smokehouse BBQ Style	Deck 16 Forward	11:00am-11:00pm 6:00pm-11:00pm
Horizon Court/Bistro	Deck 16 Aft	5:00am (Continental Breakfast) 6:00am-11:30am (Breakfast); 11:30am-3:30pm (Lunch); 3:30pm-5:30pm (Tea Time); 5:30pm-11:00pm (Mongolian BBQ Dinner Buffet)

Security Screening

All passengers returning to the ship must pass through security screening. Objects containing metal such as mobile phones, cameras, binoculars, reading glass cases, large belt buckles, batteries, electrical devices, etc. will cause the walk through metal detector to alarm and delay entry onto the ship. Such items need to be placed into the trays provided before you pass through the metal detector. Passengers with, for example, surgical metal implants, large amounts of metal jewelry, metal shoe stays, etc. may need to undergo further screening, e.g. hand-held metal detector or "Pat Search."

Customs & Immigration Notice

Please see the Passenger Services Desk if you intend to do either of the following:

- 1) Disembark the vessel prior to the date shown on your cruise card.
- 2) Land any box, package or baggage in a port prior to your disembarkation date. Customs authorities will want to inspect these items when the ship arrives in port and will not allow any other unaccompanied items to be taken or left ashore that day.

You may be assessed severe penalties by local government authorities as well as any fines/penalties Princess Cruises may incur for your failure to adhere to either of the above requirements.

Planet Princess:

Any environmental concern you may have that cannot be addressed by the ship can be directed to our Environmental Operations Department via the Environmental Hotline or by e-mail. ENVIRONMENTAL COMPLIANCE HOTLINE, Dial CLEAN or 25326, 1-888-290-5105. <https://www.carnivalcompliance.com>.

Bars, Clubs & Lounges

Signature Recommendation: French Martini

	Location	Hours
Plaza Bar	Deck 5 Midship	11:00am-Midnight
Bellini's Bar	Deck 6 Midship	11:00am-Late
Casino Bar	Deck 6 Forward	3:00pm-Late
Club 6	Deck 6 Forward	10:00pm onwards (Must be Over 18 - Photo I.D. Required)
Wheelhouse Bar	Deck 7 Aft	4:00pm-Late
Crooners	Deck 7 Midship	2:00pm-Late
Princess Live! Cafe	Deck 7 Midship	2:00pm-Midnight
Seaview Bar	Deck 16 Midship	10:00am-Midnight
Mermaid's Tail Bar	Deck 16 Forward	9:00am-11:00pm
Outrigger Bar	Deck 16 Aft	7:00am-10:00pm

*Details and limited reservations are available by speed dialing option "DINING" between 8:00AM and 5:00PM from any ship phone. **Additional charges apply. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maître D'. Dining options, menu selections, locations and venues may vary by ship, and actual meal times are subject to change. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Shore Excursions: Tour office hours: 10:30am-Noon & 3:00pm-6:30pm – Plaza, Deck 5 Midship

Meeting your Tour - Please refer to the meeting time & location indicated on your tour ticket.

Going Ashore - A tour information center is available on the dock side with maps and train schedules. Very limited taxis are on hand and the average taxi fare between La Seyne (the ship's dock) and downtown Toulon is approximately 30 euros each way depending on traffic. A board with taxi rates is also available on the dock.

Please see the front page for Princess Water Shuttle information.

La Seyne - Downtown La Seyne is at 20-minute walking distance from the dock side.